

# OCTOBER 2024

## St. Henry Elementary School

**October is National Apple Month.** Did you know that there are about 7,500 varieties of apples? Can you find a new variety of apple to try this month?

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>Soft Taco <b>1</b> Iceberg Lettuce Cheese and Salsa Baked Apples Milk</p> <p>Alt- Ham Sandwich</p>	<p>Italian Meatball Sub <b>2</b> Celery and Ranch Pears Rice Crispy Treat Milk</p> <p>Alt- Hot Ham Sandwich</p>	<p>BBQ Rib Sandwich <b>3</b> Potato Wedges Applesauce 100% Fruit Juice Milk</p> <p>Alt- Turkey Sandwich</p>	<p>Pepperoni Stuffed Crust Pizza <b>4</b> Broccoli Craisins Fruit Milk</p> <p>Alt- Deli Meat Sandwich</p>
<p><b>7</b></p> <p>NO SCHOOL!!!</p>	<p>Hotdog Sandwich <b>8</b> Baked Beans Carrots Applesauce Milk</p> <p>Alt- Turkey Sandwich</p>	<p>Macaroni and Cheese <b>9</b> Green Beans Carrots Strawberry Cups Milk</p> <p>Alt- Hot Ham</p>	<p>Popcorn Chicken <b>10</b> Mashed Potatoes Corn Peaches Milk</p> <p>Alt- Turkey Sandwich</p>	<p>Pizza Boats <b>11</b> Lettuce Jonny Pop Fruit Milk</p> <p>Alt- Deli Meat Sandwich</p>
<p>Chicken Tenders <b>14</b> Baked Beans Carrots Pineapple Milk</p> <p>Alt- Turkey Sandwich</p>	<p>Walking Taco <b>15</b> Tortilla Chips Iceberg Lettuce Cheese and Salsa Mandarin Oranges Milk</p> <p>Alt- Turkey Sandwich</p>	<p>Pancake on a Stick <b>16</b> Strawberry Yogurt Carrots Grapes Scooby Doo Graham Crackers Milk</p> <p>Alt-Hot Ham Sandwich</p>	<p>Hot Ham and Cheese <b>17</b> Hashbrown Corn Peaches Milk</p> <p>Alt- Turkey Sandwich</p>	<p>Pepperoni Pizza Ripper <b>18</b> Romaine Lettuce Applesauce Fruit Fruit Snack Milk</p> <p>Alt- Deli Meat Sandwich</p>
<p>Chicken Patty Sandwich <b>21</b> Carrots 100% Fruit Juice Pineapple Milk</p> <p>Alt-Turkey Sandwich</p>	<p>Turkey &amp; Cheese Wrap <b>22</b> Lettuce Potato Smiles Pears Milk</p> <p>Alt- Hot Ham Sandwich</p>	<p>Spaghetti with Meat Sauce <b>23</b> Cheese Breadstick Broccoli Apple Slices Milk</p> <p>Alt- Ham Sandwich</p>	<p>Hamburger Sandwich <b>24</b> Baked Beans Carrots Applesauce Milk</p> <p>Alt- Turkey Sandwich</p>	<p>Cheese Pizza <b>25</b> Green Beans Baked Chips Fruit Frozen Yogurt Milk</p> <p>Alt- Deli Meat Sandwich</p>
<p>Hotdog Sandwich <b>28</b> Baked Beans Corn Applesauce Milk</p> <p>Alt- Ham Sandwich</p>	<p>Taco Pizza <b>29</b> Romaine Lettuce Pineapple Chocolate Pudding Milk</p> <p>Alt- Turkey Sandwich</p>	<p>French Toast Sticks <b>30</b> Turkey Sausage Links/ Syrup Baby Carrots Banana Milk</p> <p>Alt- Ham Sandwich</p>	<p>Cream Chicken <b>31</b> Mashed Potatoes Peaches Dinner Roll Milk</p> <p>Alt- Turkey Sandwich</p>	

**PLEASE NOTE: Menus are subject to change based on product availability**

This institution is an equal opportunity provider.

**\*\*This is the first day Kindergarten is allowed to choose the alternate\*\***