



FEBRUARY 2025

St. Henry Middle and High School

February is National Snack Food Month. Snacks are an important part of a healthy eating plan. Make sure they are nutritious, such as nuts, fruit, vegetables, whole grains, cheese, and yogurt to name a few.

Monday

Chicken Tender Wrap
Lettuce
Sweet Potato Fries
Pineapple
Milk

3

Alt – Deli Sandwich

Chicken Patty Sandwich
Cheesy Potatoes
Pineapple
Milk

10

Asian Bar – No Salads
Alt – Deli Sandwich

NO SCHOOL
Presidents Day

17

Chicken Nuggets
Baked Beans
Onion Rings
Fruit Cocktail
Milk

24

Alt – Deli Sandwich

Tuesday

Taco Wedges
Black Beans
Salsa
Mandarin Oranges
HS – Carnival Cookie
Milk

4

Alt – Deli Sandwich

Loaded Mexican Tater tots
Toppings
Black Beans
Peaches
HS – Soft Pretzel Stick
Milk

11

Alt – Deli Sandwich

Taco Pizza
Iceberg Lettuce
Black Beans
Pineapple
Chocolate Pudding
Milk

18

Alt – Deli Sandwich

Walking Taco
Iceberg Lettuce
Cheese and Salsa
Orange
Milk

25

Alt – Deli Sandwich

Wednesday

Taco Soup
Iceberg Lettuce
Tortilla Chips
Pears
Milk

5

Alt – Deli Sandwich

Pizza Casserole
Cheese Breadstick
Broccoli
Apple Slices
Milk

12

Alt – Deli Sandwich

French Toast Sticks/ Syrup
Turkey Sausage Link
Baby Carrots
Baked Apples
Milk

19

Alt – Deli Sandwich

Meatballs Sub
Peas
Caesar Salad
Pears
HS – Chocolate Chip Cookie
Milk

26

Alt – Deli Sandwich

Thursday

Hot Ham & Cheese Sandwich
Curly Fries
Corn
Peaches
Milk

6

**Frozen Yogurt Treat for National
Frozen Yogurt Day!**
Alt – Deli Sandwich

Pizza Crunchers w/ sauce
Baked Chips
Green Beans
Fruit
Milk

13

Alt – Deli Sandwich

Country Fried Steak
Mashed Potatoes
Peaches
Butter Bread
Milk

20

Alt – Deli Sandwich

BBQ Shredded Chicken Sandwich
Potato Wedges
Applesauce
Milk

27

Baked Potato Bar – No Salads
Alt – Deli Sandwich

Friday

Pepperoni Ripper
Romaine Lettuce
Carrots and Ranch
Sidekick
Milk

7

Alt – Deli Sandwich

NO SCHOOL
Happy Valentine's Day

14

Pepperoni Bosco Stick
Cheese Stick
Broccoli
Jonny Pop
Milk

21

Alt – Deli Sandwich

Pepperoni Stuffed Crust Pizza
Broccoli
Craisins
Fruit
Milk

28

Alt – Deli Sandwich



PLEASE NOTE: Menus are subject to change based on product availability
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