

MARCH 2025

St. Henry Elementary School

March is National Nutrition Month, raising awareness about the importance of good nutrition and physical activity habits. Start small by cutting back on sugary drinks and by taking a 10 minute walk outside.

Monday

Chicken Nuggets
Baked Beans
Goldfish Crackers
Fruit Cocktail
Milk

3

Alt - Turkey Sandwich

Hotdog Sandwich
Baked Beans
Carrots
Applesauce
Milk

10

Alt - Turkey Sandwich

Chicken Tenders
Baked Beans
Carrots
Pears
Milk

17

Alt - Turkey Sandwich

Chicken Patty Sandwich
Carrots
100% Fruit Juice
Pineapple
Milk

24

Alt - Turkey Sandwich

Hotdog Sandwich
Baked Beans
Corn
Applesauce
Milk

31

Alt - Turkey Sandwich

Tuesday

Soft Taco
Iceberg Lettuce
Cheese & Salsa
Orange
Milk

4

Alt - Ham Sandwich

Fajita Chicken Wrap
Iceberg Lettuce/ Shredded Cheese
100% Fruit Juice
Pears
Milk

11

Alt - Ham Sandwich

Taco
Tortilla Chips or Doritos
Iceberg Lettuce
Cheese & Salsa
Mandarin Oranges
Milk

18

Alt - Turkey Sandwich

Turkey Cheese Wrap
Lettuce
Potato Smiles
Pears
Milk

25

NO ALTERNATE

Wednesday

Macaroni and Cheese
Green Beans
Carrots
Strawberry Cup
Milk

5

NO ALTERNATE

Meatball Sub
Celery & Ranch
Pineapple
Rice Crispy Treat
Milk

12

NO ALTERNATE

Pancake on a Stick
Strawberry Yogurt
Carrots
Grapes
Scooby Doo Graham Crackers
Milk

19

Alt - Ham Sandwich

Chicken Alfredo
Cheese Breadstick
Broccoli
Apple Slices
Milk

26

Alt - Turkey Sandwich

Thursday

BBQ Rib Sandwich
Seasoned Potato Wedges
Applesauce
100% Fruit Juice
Milk

6

Alt - Turkey Sandwich

Popcorn Chicken
Mashed Potatoes
Corn
Peaches
Milk

13

Alt - Turkey Sandwich

Hot Ham and Cheese
Hash Brown
Corn
Peaches
Milk

20

Alt - Turkey Sandwich

Cheeseburger Sandwich
Baked Beans
Carrots
Applesauce
Milk

27

Alt - Ham Sandwich

Friday

French Toast Sticks
Baby Carrots
Yogurt
Fruit
Milk

7

NO ALTERNATE

Grilled Cheese Sandwich
Green Beans
Yogurt
Fruit
Milk

14

NO ALTERNATE

Cheese Ripper
Romaine Lettuce
Applesauce
Fruit
Fruit Snack
Milk

21

NO ALTERNATE

Cheese Pizza
Green Beans
Baked Chips
Fruit
Frozen Yogurt
Milk

28

NO ALTERNATE



PLEASE NOTE: Menus are subject to change based on product availability
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